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July 6, 2015

Dear clients and colleagues:

I arrive at this decision with much sadness. Please know that I have exhausted every avenue available to keep physical therapy services in Nelson. Due to medical and insurance regulations and rising expenses that make operating a solo practice financially unaffordable, Nelson Wellness Center is closing. This is effective August 6, 2015.

I fell in love with this county and community almost immediately when I began working here in 1999. It has been a joy and honor to work with each of you. I have learned from each of you as much as I have taught you. I am so grateful for the opportunities. I am not going far and hope that we can continue our relationship.

Starting on August 10, 2015, I will be practicing at PT@acac in Crozet. This is a skilled group of professionals, several of whom I have worked with in the past. I hope to continue to care for you at this new location. Your medical records can be transferred by completing the "Authorization to Release Healthcare Information" form that is found on our website or stop by our center.

For those clients interested in private pay, I will see clients by appointment on Fridays at the Rockfish Valley Community Center (RVCC), room 3, beginning on August 21, 2015. I will continue teaching Yoga at RVCC and perform Personal Training clients by appointment.

You may have some questions; view FAQ on our website for answers and keep checking the website for updates. I will keep bringing you fitness, yoga and health tips through the monthly email newsletter. Sign up for the newsletter on our website.

As this new chapter in my professional life begins, I hope that our journey continues together working for optimal wellness.

All the best,

Agnes F. Schrider, PT